

# 10 TOP TIPS FOR GREENER LIVING

## *CREATION-TIDE AT CHRIST CHURCH WEST WIMBLEDON*

**Everyone can play their part in caring for God's Good Earth: helping cool down global heating, reducing food waste, cutting back on plastic use, looking after creatures and their habitats.**

**Creation-tide is not just for Autumn — it's for the whole year, and for all of our lives!**

**See our weekly *Green Prayer* in the Christ Church service sheet. We can bring Creation-tide into all our prayers and Bible study.**

**And: worth reading: *No Planet B*, by Mike Berners-Lee (Cambridge, 2019)**

**And: check your eco-footprint and see more tips at <https://footprint.worldwildlife.org/#/>**



1. We can make a lot of difference through individual action - **but we need to take steps together**. Write to your **MP and councillors** to tell them what you're doing and urge them to make Green policies a priority.
2. We don't **talk** about environmental issues enough - discuss your concerns and actions with family, friends, neighbours and colleagues.
3. If you can, cut out **flying** - which has a HUGE impact. If you do fly, offset your emissions by donating to solar and wind energy projects - try this website: <https://unfccc.int/climate-action/climate-neutral-now>
4. Cut down on **car use**: walk, cycle, take buses and trains.
5. Switch to a **Green Energy supplier** for electricity and gas - it's easy to change over.
6. If you can, switch to an **electric or hybrid car** - but still shift to more walking, cycling and public transport when you travel.
7. Cut down on **meat and dairy** consumption - and stick to UK-grown produce if you can't. Ideally, go **vegetarian or vegan**. If you can't go the whole way, try it at least for part of the week! And do **compost** food waste if you can.
8. **Wash your clothes** at the lowest possible temperature - and dry them on a clothes line and rack, **not** in a tumble drier...
9. **Reuse, repair and recycle** as many items as you can, and buy things such as clothes **to last**. Support shops that have strong eco-policies.
10. Home energy: try setting your central heating, if you have it, to 2 degrees cooler in winter; switch over to **LED** light bulbs.

